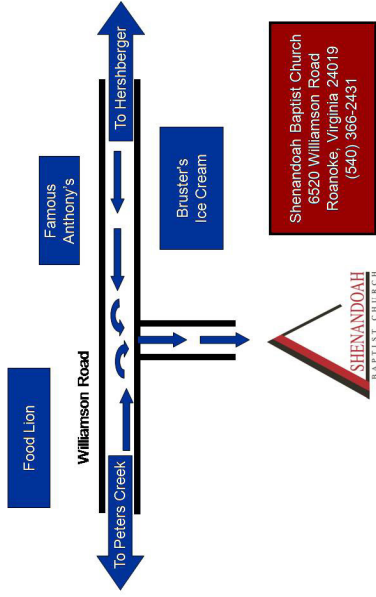


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“A PLACE FOR WORSHIP, A PLACE FOR FRIENDSHIP, A PLACE FOR YOU!”

Have you
ever
wanted to...

... learn something new and life changing? ... gain financial freedom?
... become a better parent? ... overcome some of life's hardest obstacles?

MAKING A GOOD MARRIAGE BETTER

Learn how to make a healthy marriage stronger and find real hope for a hurting one. This class is based on the book, "The Ministry of Marriage," by Dr. Jim Binney and is for those considering marriage or who are already married. (6-Week Course)

HAVE A NEW KID BY FRIDAY By Psychologist Dr. Kevin Leman

Change the attitude, character, and behavior of your children in just a few days...a parenting dream come true! Based on the popular video series that has helped thousands of families! (6-Week Course)

GRIEF CARE

Uncover the benefits of meaningful expression of loss while addressing some common questions: Is there a right and a wrong way to grieve? How can grief be good? What should advancing through grief look like? How do I cope with my new normal? (6-Week Course)

DAVE RAMSEY'S FINANCIAL PEACE UNIVERSITY

Live like no one else! Learn to eliminate debt, reach your financial goals, save for the future, and gain financial freedom. * Note - All class participants are required to purchase one membership kit per household so we may legally teach the DVD course and provide you with the appropriate resources you need. Cost per kit is \$99 - a 50% discount! However, the first class is free! (13-Week Course)

COPING WITH ALZHEIMER'S AND AGING LOVED ONES

"Find the bright side" of caring for your family members in need while learning practical tips on living the journey victoriously. ** Note - this 6-Week Course will be held **TUESDAYS** from 6:30-8:00PM beginning March 15.

Shenandoah Baptist Church is now offering a FREE service to you! Community Classes for Adults



**REGISTER TODAY AT WWW.SHENANDOAHBAPTIST.ORG
OR CALL 540-366-2431 - REGISTRATION DEADLINE IS MARCH 9**

**All classes are on Wednesday evenings from
6:30-8:00PM beginning March 16, 2011 ****

Bring your whole family! Exceptional childcare and exciting activities are available for children and teens of all ages, newborn to grade 12.

All classes are **FREE** and are offered to you as a service from the members of Shenandoah Baptist Church. It is our joy to serve the community in this way.

Some classes may offer additional materials for a fee, but they are not necessary for the class.

For more information you may contact us at (540) 366-2431
or community@shenandoahbaptist.org

BASIC COOKING

Learn a variety of cooking styles with emphasis on cooking from scratch, using fresh ingredients, and balanced nutrition! (6-Week Course) Class size limit: 15

BASIC CAKE DECORATING TECHNIQUES

Discover the best way to ice a cake, make icing flowers, design decorative borders, and much more! During the last class students will decorate an Easter cake. (5-Week Course)

BUILDING YOUR OWN DECK

Come and learn the step-by-step process of building your own deck. Learn framing, handrail, and stair details along with other tips to help you build the deck you've always wanted. (6-Week Course)

MICROSOFT EXCEL & POWERPOINT

Be trained in the basics of the 2007 software programs that are universally used both personally and professionally. (6-Week Course) Class size limit: 24

ENGLISH AS A SECOND LANGUAGE

A class in basic speaking English designed for non-English speaking individuals who want to develop communication skills for America. (6-Week Course)

PHOTOGRAPHY BASICS

Find out how to get better images from your "point and shoot" or "SLR" digital camera. Learn photography basics and how to make the most of your photo opportunities. (4-Week Course)

NUTRITION

Learn some of the best kept secrets of better health, vitality, even longevity. This study will incorporate scientific findings while our presenters share compelling stories of restored health, genuine sustainable weight loss, healing from life-threatening disease, and much more. (6-Week Course)

THE ART OF CALLIGRAPHY

Enjoy learning a new creative skill that will enhance your greeting cards, invitations, art work, and more! (4-Week Course) Class size limit: 10

COUPONING

Learn ways to find bargains that most people miss! This class will help you locate, maximize, and organize your coupons on a weekly basis in order to save you money. ** Note - this 2-Week Course Begins April 13.